

1	COURSE	CREDITS	COMPLETED
	ENG 110: Expository Writing (Required Common Core: English Composition)	★ 3	<input type="checkbox"/>
	MAT 120 : Introduction to Probability and Statistics (Required Common Core: Mathematical & Quantitative Reasoning)	★ 3	<input type="checkbox"/>
	BIO 110/BIO 111, or BIO 210 or BIO 230 or ENV 110/ENV 111 (Required Common Core: Life and Physical Sciences)	3	<input type="checkbox"/>
	FS 101: Food Studies I	★ 3	<input type="checkbox"/>
<b>SUB-TOTAL 13</b>			

2	COURSE	CREDITS	COMPLETED
	ENG 111: Literature and Composition (Required Common Core: English Composition)	★ 3	<input type="checkbox"/>
	🔍 FLEXIBLE COMMON CORE: US EXPERIENCE IN ITS DIVERSITY	3	<input type="checkbox"/>
	🔍 FLEXIBLE COMMON CORE: SCIENTIFIC WORLD	4	<input type="checkbox"/>
	🔍 FLEXIBLE COMMON CORE: WORLD CULTURES & GLOBAL ISSUES	3	<input type="checkbox"/>
	FS 120: Food Studies II	★ 3	<input type="checkbox"/>
<b>SUB-TOTAL 16</b>			

**GET AHEAD! TAKE CLASSES DURING THE SUMMER**

3	COURSE	CREDITS	COMPLETED
	FS 200: Food, Policy and Advocacy	★ 3	<input type="checkbox"/>
	🔍 FLEXIBLE COMMON CORE: INDIVIDUAL & SOCIETY	3	<input type="checkbox"/>
	🔍 FLEXIBLE COMMON CORE: CREATIVE EXPRESSION	3	<input type="checkbox"/>
	CHOOSE 1 (ONE) COURSE: See Notes*	★ 3	<input type="checkbox"/>
	FREE ELECTIVES: Any Course(s)	0-5	<input type="checkbox"/>
<b>SUB-TOTAL 16</b>			

4	COURSE	CREDITS	COMPLETED
	FS 220: Food, Health and Environment	★ 3	<input type="checkbox"/>
	FS 225: Food Studies Career Practices	★ 1	<input type="checkbox"/>
	FS 230: Food Studies Capstone (paired with an internship)	★ 3	<input type="checkbox"/>
	🔍 ONE (1) ADDITIONAL FLEXIBLE COMMON CORE COURSE	3	<input type="checkbox"/>
	CHOOSE 1 (ONE) COURSE: See Notes*	★ 3	<input type="checkbox"/>
	CHOOSE 1 (ONE) COURSE: See Notes*	★ 3	<input type="checkbox"/>
<b>SUB-TOTAL 16</b>			

**TOTAL CREDITS 60**

**You've FINISHED** 🎓

**MAJOR REQUIREMENT** **MILESTONE**

MILESTONES ARE COURSES THAT MUST BE TAKEN IN SEQUENTIAL ORDER

**TWO WRITING INTENSIVE COURSES REQUIRED FOR GRADUATION**

**15 CREDITS PER SEMESTER**

GRADUATE ON TIME, SAVE MONEY & START YOUR CAREER!

**EXCELSIOR SCHOLARSHIP**

COVERS FULL TUITION  
MUST EARN 30 CREDITS PER YEAR

[www.hostos.cuny.edu/excelsior](http://www.hostos.cuny.edu/excelsior)

**CAMPUS SUPPORT FOR ACADEMIC SUCCESS**

- LIBRARY
- TUTORING CENTER
- WRITING CENTER
- COMPUTER LABS
- TECHNOLOGY WORKSHOPS
- COUNSELING
- SCHOLARSHIPS

**CAREER COACH**

CAREER COACH IS AN ONLINE TOOL THAT HELPS STUDENTS EXPLORE MAJORS AND IN-DEMAND CAREERS

[www.hostos.cuny.edu/careercoach](http://www.hostos.cuny.edu/careercoach)

**DEGREE AUDIT**

TO VIEW FULL DEGREE MAP ONLINE, SCAN QR CODE BELOW:

[degreworks.cuny.edu](http://degreworks.cuny.edu)

**NOTES**

\*BLS 119, LAC 101, LAC 132, PPA 101, (MILESTONE IF COMPLETING PPA 110, PPA 122), PPA 110, PPA 120, PPA 122, POL 101, SSC 101

- STUDENTS WHO EARN A CULINARY ARTS & FOOD PROTECTION CERTIFICATE WITH HOSTOS' DIVISION OF CONTINUING EDUCATION AND WORKFORCE DEVELOPMENT (CEWD) ARE ELIGIBLE FOR COLLEGE CREDIT FOR FS 225.